Spray Tanning After Care Instructions

After Tanning you should **NOT**:

•Try not to Shower for at least 12-24 hours (for best results do not shower until the next day)
•Swim (Swimming should be avoided completely, the chlorine could have an adverse affect on your tan)
•Sweat excessively or wear tight fitting clothing, for at least 8 hours.
•Exfoliate or shave

After at least 12-24 hours when you take your first shower:

*The water will turn brown. This is the excess bronzer rinsing off and is normal.
*Your First shower should be a light rinsing shower. However, you do want to rinse the excess bronzer off completely so apply the water thoroughly and use your hand to rinse your skin. If your tan does not look uniform after your shower, that is an indication that you did not rinse off all of the Bronzer. Go back into the shower and finish rinsing off the bronzer.
***Do not use a wash cloth and do not scrub your tan.**
***When you finish your shower, pat yourself dry, do not rub your tan with a towel.**
*Moisturize your tan to help keep your skin and your tan crisp and hydrated.

For best results after you tan:

*The longer you wait to shower after your spray tan the deeper and darker your tan will be.
*You should moisturize your tan (after the bronzer has been washed off)
* Avoid shaving to help the tan last longer.
*Your tan will last 7-10 days depending upon your natural skin color and ph balance.
*Remember that it is normal for some of the bronzer to come off on your clothes before you take your first shower. That is why we recommend wearing dark colored, loose fitting, older clothes during this time. It is possible that if you don't fully rinse off the bronzer before wearing your clothes, that some of the residual bronzer could transfer to the inside of your clothes. DO NOT panic; use a warm, wet washcloth to remove as soon as possible.